



TASHI LHUNPO MONASTERY UK TRUST

Registered Charity No. 1100175

The Round House, Netton, Salisbury, Wiltshire, SP4 6AW Tel: 01722 782265

Fax: 01722 782703 E-mail: info@tashi-lhunpo.org.uk

LADAKH TRIP REGISTRATION FORM

22ND AUGUST-9TH SEPTEMBER 2009

NAME SURNAME.....

NATIONALITY..... OCCUPATION

PASSPORT NUMBER

DATE OF ISSUE DATE OF EXPIRY

(NB Your passport must be valid for at least 190 days and have at least two blank pages. Indian visas are obtained through VFS Offices in London, Birmingham and Edinburgh – more information on this to come.)

POSTAL ADDRESS

..... POST CODE

TELEPHONE: MOBILE:

E-MAIL

It would be easier and cheaper to communicate by e-mail if possible!

ANY ALLERGIES (to food, medicine or anything else!)

DO YOU HAVE A SPECIAL DIET OR EAT ANYTHING?

Please inform your doctor that you will be visiting India and will be at high altitudes for some time. It is unlikely that people will have any problems, but if you experience some discomfort (such as shortage of breath or headaches) these will usually disappear after a couple of days. There will be more information to follow about vaccinations which are necessary for a visit to India.

DO YOU HAVE TRAVEL INSURANCE?

TWIN/DOUBLE OR SINGLE ACCOMMODATION

(NB I'm afraid there is an additional charge for single occupancy)

Please return this registration form to the address above enclosing a photocopy of your passport and a cheque for the initial **deposit of £200** made payable to Tashi Lhunpo Monastery UK Trust. If you decide that you can no longer come on the trip, your deposit will be returned as long as you cancel before 1st May 2009. The second instalment will become due on that date.

Patron: His Holiness the Dalai Lama

Trustees: Lady Naipaul, HE Kelkhang Rinpoche, Mark Eynon Esq, Miss Jane Rasch, Ms Debbie Rigg, Miles Templer Esq OBE